



Track and Field - 2014

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Cascade Collegiate Conference Track and Field Notes

LA GRANDE, Ore. - With the 2014 NAIA Indoor Track and Field Championships next week many track and field programs are taking a break this week but both Oregon Tech and Northwest Christian will be getting a head start on the outdoor season as meets in California and Oregon.

The field for the indoor national championship will be released on Friday, Feb. 28. The meet will take place on Mar. 6-8 in Geneva, Ohio.

Upcoming Schedule

Thursday, February 27

Oregon Tech at Chico Multi Classic

Friday, February 28

Oregon Tech at Chico Multi Classic

Saturday, March 1

Oregon Tech at Bidwell Classic

Northwest Christian at Linfield Icebreaker

Northwest Christian at Willamette Opener



Red Lion Players of the Week

Red Lion is the official hospitality sponsor of the CCC

Men's Indoor Field- Athlete

Concordia's Darien Moore has been chosen the Red Lion Men's Indoor Field Athlete of the Week for Feb 17-23.

Moore, a junior from Bakersfield, Calif., unleashed a 70-9 (21.56m) effort in the weight throw on Saturday to extend his national lead in the event to more than five feet. Moore's mark is ranked No. 1 in the NAIA this season.

Men's Indoor Track-Athlete

Concordia's Mathew Clowes has been chosen the Red Lion Indoor Track Athlete of the Week for Feb 17-23.

Clowes, a junior from Stoke-on-Trent, England, took the national lead in his third event this weekend with a 2:24.38 in the 1,000-meter run while competing at the Warner Pacific 50/50 on Saturday. Already the NAIA leader in the mile and the 3,000, Clowes' time converts to a 2:25.08 for more than a four-second lead over the next athlete on the NAIA performance list.

Women's Indoor Field- Athlete

Eastern Oregon's Harley McBride has been chosen the Red Lion Indoor Field Athlete of the Week for Feb 17-23.

McBride, a freshman from Burbank, WA., hit the NAIA "A" standard and broke the EOU school record by an inch in the high jump. McBride cleared 1.68 meters (5-6) to finish second in the event. Behind only Charlotte Muschamp of NCAA D1 Washington State.

Women's Indoor Track-Athlete

Warner Pacific's Christi Avery has been chosen the Red Lion Indoor Track Athlete of the Week for Feb 17-23.

Avery, a senior from Boise, Idaho, sprinted to a 1st place finish and an NAIA "B" standard in the 60m at the WPC 50/50 meet held at David Douglas HS. She also placed 1st in the 200m event.





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Around The Cascade Conference

College of Idaho - None Provided

Concordia - None Provided

Corban - None Provided

Eastern Oregon - EOU's Roneika Robinson broke the school record in the 60 meter dash with a time of 7.91. Harley McBride also broke the school record in high jump. She cleared 1.68 meters (5-6).

Evergreen - The Geoducks are idle this weekend as they prepare for the 2014 NAIA Indoor Championships. High jumper Anthony Johnson and runners Wes Jones and Les Jones are expected to represent Evergreen at the national championships.

Northwest - None Provided

Northwest Christian - None Provided.

Oregon Tech - The Oregon Tech track and field team is idle this weekend with the exception of Anthony Padilla who heads to the Chico Multi Event to participate in the decathlon on Thursday and Friday.

Southern Oregon - The Raiders are off until next week's NAIA Indoor Track & Field Championships, to which they will bring a men's distance medley relay team, a women's 4x400 relay team, and four individual qualifiers.

Warner Pacific - Christi Avery became the 2nd Knight to qualify for the NAIA Indoor Championships last Saturday at the WPC 50/50. Her time of 7.80 in the 60m met the "B" standard.



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2014 NAIA Indoor T&F Qualifiers (Downloaded from TFRRS.org on February 26)

60m (Women) NAIA A		7.64 NAIA B		7.85		YEAR	TEAM	TIME	MEET	MEET DATE	DATE SUBMITTED		
RANK	ATHLETE	RANK	ATHLETE	YEAR	TEAM	TIME	MEET	MEET DATE	DATE SUBMITTED				
NAIA B	25		Avery, Christi	SR-4	Warner Pacific	7.80	WPC 50-50		02/22/14		02/23/14		
200m (Women) NAIA A		25.60 NAIA B		26.00		RANK	ATHLETE	YEAR	TEAM	TIME	MEET	MEET DATE	DATE SUBMITTED
NAIA B	25		Booth, Kadie	SR-4	Eastern Oregon			25.92 #			Ed Jacoby Invite & Multi	01/31/14	02/02/14
400m (Men) NAIA A		49.50 NAIA B		49.90		RANK	ATHLETE	YEAR	TEAM	TIME	MEET	MEET DATE	DATE SUBMITTED
NAIA A	4		Olander, Jonz	JR-3	Southern Oregon			48.96 #			UW Husky Classic	02/14/14	02/15/14
NAIA A	13		Washington, Andre	SR-4	Concordia (Ore.)			49.33 #			2013 Jacksons Open	12/13/13	12/14/13
400m (Women) NAIA A		58.90 NAIA B		59.90		RANK	ATHLETE	YEAR	TEAM	TIME	MEET	MEET DATE	DATE SUBMITTED
NAIA A	17		Maguin, Amelia	JR-3	Southern Oregon			58.21 #			UW Invitational	01/31/14	02/01/14
NAIA A	27		Booth, Kadie	SR-4	Eastern Oregon			58.85 #			Boise State Challenge	02/15/14	02/16/14
NAIA B	37		Sullivan, Megan	SO-2	Eastern Oregon			59.26 #			Bronco Invite	02/08/14	02/09/14
NAIA B	38		McDaniel, Ericka	SO-2	Northwest U.			59.27 #			UW Indoor Open	02/16/14	02/17/14
600m (Men) NAIA A		1:21.44 NAIA B		1:22.80		RANK	ATHLETE	YEAR	TEAM	TIME	MEET	MEET DATE	DATE SUBMITTED
NAIA A	4		Washington, Andre	SR-4	Concordia (Ore.)			1:19.82 #			UW Indoor Preview	01/18/14	01/19/14
NAIA A	9		Roelle, Hans	JR-3	Eastern Oregon			1:21.07 #			Bronco Invite	02/08/14	02/09/14
NAIA B	22		Hampton, Nick	SR-4	College of Idaho			1:22.49 #			NB Boise Indoor Invite	01/24/14	01/27/14
600m (Women) NAIA A		1:37.90 NAIA B		1:38.90		RANK	ATHLETE	YEAR	TEAM	TIME	MEET	MEET DATE	DATE SUBMITTED
NAIA B	26		Hurd, Jasmine	SR-4	College of Idaho			1:38.41 #			Bronco Invite	02/08/14	02/09/14
NAIA B	27		Engelhardt, Jordan	SR-4	College of Idaho			1:38.49 #			Bronco Invite	02/08/14	02/09/14
NAIA B	28		Olivo, Irene	JR-3	Eastern Oregon			1:38.52 #			Bronco Invite	02/08/14	02/09/14
800m (Men) NAIA A		1:56.00 NAIA B		1:57.25		RANK	ATHLETE	YEAR	TEAM	TIME	MEET	MEET DATE	DATE SUBMITTED
NAIA A	6		Roelle, Hans	JR-3	Eastern Oregon			1:53.60 #			UW Invitational	01/31/14	02/01/14
NAIA A	7		Hampton, Nick	SR-4	College of Idaho			1:53.91 #			UW Husky Classic	02/14/14	02/15/14
NAIA A	14		Clowes, Matthew	JR-3	Concordia (Ore.)			1:54.77 #			UW Indoor Preview	01/18/14	01/19/14
NAIA A	22		Rhodes, Demetrius	SO-2	Concordia (Ore.)			1:55.72 #			UW Invitational	01/31/14	02/01/14
NAIA A	23		Jones, Wes	FR-1	Evergreen St.			1:55.82 #			UW Indoor Open	02/16/14	02/17/14
NAIA B	26		Flores, DJ	JR-3	Eastern Oregon			1:56.13 #			Bronco Invite	02/08/14	02/09/14
800m (Women) NAIA A		2:19.00 NAIA B		2:20.50		RANK	ATHLETE	YEAR	TEAM	TIME	MEET	MEET DATE	DATE SUBMITTED
NAIA A	3		Holt, Hillary	SR-4	College of Idaho			2:13.95 #			Ed Jacoby Invite & Multi	01/31/14	02/02/14
NAIA A	17		Keane, Brianna	FR-1	Concordia (Ore.)			2:17.43 #			UW Invitational	01/31/14	02/01/14
NAIA B	30		Collmer, Christa	FR-1	Concordia (Ore.)			2:19.42 #			UW Invitational	01/31/14	02/01/14
1000m (Men) NAIA A		2:31.90 NAIA B		2:33.80		RANK	ATHLETE	YEAR	TEAM	TIME	MEET	MEET DATE	DATE SUBMITTED
NAIA A	1		Clowes, Matthew	JR-3	Concordia (Ore.)			2:25.08 #			WPC 50-50	02/22/14	02/23/14
NAIA A	2		Roelle, Hans	JR-3	Eastern Oregon			2:29.36 #			Boise State Challenge	02/15/14	02/16/14
NAIA A	12		Hampton, Nick	SR-4	College of Idaho			2:30.45 #			UW Indoor Open	02/16/14	02/17/14
NAIA A	15		Brown, Jasen	SR-4	Concordia (Ore.)			2:30.67 #			Boise State Challenge	02/15/14	02/16/14
NAIA A	16		Rhodes, Demetrius	SO-2	Concordia (Ore.)			2:30.76 #			Boise State Challenge	02/15/14	02/16/14
NAIA A	21		Flores, DJ	JR-3	Eastern Oregon			2:31.32 #			Boise State Challenge	02/15/14	02/16/14
NAIA A	22		Updike, Isaac	JR-3	Eastern Oregon			2:31.40 #			Boise State Challenge	02/15/14	02/16/14
NAIA B	36		Ferguson, Jonathan	SO-2	Northwest U.			2:33.13 #			UW Indoor Preview	01/18/14	01/19/14
NAIA B	38		Jones, Les	JR-3	Evergreen St.			2:33.27 #			UW Indoor Open	02/16/14	02/17/14
1000m (Women) NAIA A		3:02.00 NAIA B		3:04.00		RANK	ATHLETE	YEAR	TEAM	TIME	MEET	MEET DATE	DATE SUBMITTED
NAIA A	13		Engelhardt, Jordan	SR-4	College of Idaho			3:01.31 #			Boise State Challenge	02/15/14	02/16/14
NAIA B	22		Collmer, Christa	FR-1	Concordia (Ore.)			3:02.97 #			Boise State Challenge	02/15/14	02/16/14
Mile (Men) NAIA A		4:20.00 NAIA B		4:22.00		RANK	ATHLETE	YEAR	TEAM	TIME	MEET	MEET DATE	DATE SUBMITTED
NAIA A	1		Clowes, Matthew	JR-3	Concordia (Ore.)			4:04.98 #			UW Husky Classic	02/14/14	02/15/14
NAIA A	3		Avila, Eric	SO-2	Southern Oregon			4:08.52 #			UW Husky Classic	02/14/14	02/15/14
NAIA A	4		Flores, DJ	JR-3	Eastern Oregon			4:11.87 #			UW Invitational	01/31/14	02/01/14
NAIA A	17		Jorgensen, Kevin	SO-2	Southern Oregon			4:17.70 #			UW Husky Classic	02/14/14	02/15/14
NAIA A	18		Updike, Isaac	JR-3	Eastern Oregon			4:18.08 #			Bronco Invite	02/08/14	02/09/14



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2014 NAIA Indoor T&F Qualifiers (Continued)

Mile (Women) NAIA A 5:12.00 NAIA B 5:14.00

	RANK	ATHLETE	YEAR	TEAM	TIME	MEET	MEET DATE	DATE SUBMITTED
NAIA A	1	Holt, Hillary	SR-4	College of Idaho	4:37.96 #	UW Husky Classic	02/14/14	02/15/14
NAIA A	8	Klopfenstein, Lila	FR-1	College of Idaho	5:03.99 #	Boise State Challenge	02/15/14	02/16/14
NAIA A	11	Johnson, Sarah	SR-4	College of Idaho	5:04.64 #	UW Indoor Open	02/16/14	02/17/14
NAIA A	27	Klopfenstein, Sora	SR-4	College of Idaho	5:10.86 #	UW Indoor Open	02/16/14	02/17/14
NAIA B	43	Whybark, Sarah	JR-3	Concordia (Ore.)	5:13.80 #	UW Invitational	01/31/14	02/01/14

3000m (Men) NAIA A 8:42.00 NAIA B 8:45.00

	RANK	ATHLETE	YEAR	TEAM	TIME	MEET	MEET DATE	DATE SUBMITTED
NAIA A	1	Clowes, Matthew	JR-3	Concordia (Ore.)	8:06.72 #	UW Invitational	01/31/14	02/01/14
NAIA A	9	Updike, Isaac	JR-3	Eastern Oregon	8:30.39 #	UW Invitational	01/31/14	02/01/14
NAIA A	18	Flores, DJ	JR-3	Eastern Oregon	8:36.25 #	NB Boise Indoor Invite	01/24/14	01/27/14
NAIA A	28	Alldritt, Eric	FR-1	Concordia (Ore.)	8:40.44 #	UW Indoor Preview	01/18/14	01/19/14

3000m (Women) NAIA A 10:30.00 NAIA B 10:35.00

	RANK	ATHLETE	YEAR	TEAM	TIME	MEET	MEET DATE	DATE SUBMITTED
NAIA A	2	Holt, Hillary	SR-4	College of Idaho	9:29.25 #	UW Indoor Open	02/16/14	02/17/14
NAIA A	7	Klopfenstein, Lila	FR-1	College of Idaho	10:11.70 #	Ed Jacoby Invite & Multi	01/31/14	02/02/14
NAIA A	15	Johnson, Sarah	SR-4	College of Idaho	10:16.04 #	Ed Jacoby Invite & Multi	01/31/14	02/02/14
NAIA A	21	Klopfenstein, Sora	SR-4	College of Idaho	10:21.04 #	NB Boise Indoor Invite	01/24/14	01/27/14

5000m (Men) NAIA A 15:05.12 NAIA B 15:19.00

	RANK	ATHLETE	YEAR	TEAM	TIME	MEET	MEET DATE	DATE SUBMITTED
NAIA A	3	Flores, DJ	JR-3	Eastern Oregon	14:39.20 #	UW Invitational	01/31/14	02/01/14
NAIA B	28	Alldritt, Eric	FR-1	Concordia (Ore.)	15:15.41 #	UW Husky Classic	02/14/14	02/15/14

5000m (Women) NAIA A 18:25.00 NAIA B 18:35.00

	RANK	ATHLETE	YEAR	TEAM	TIME	MEET	MEET DATE	DATE SUBMITTED
NAIA A	2	Klopfenstein, Sora	SR-4	College of Idaho	17:30.37 #	UW Husky Classic	02/14/14	02/15/14
NAIA A	17	Johnson, Sarah	SR-4	College of Idaho	18:04.21 #	UW Husky Classic	02/14/14	02/15/14

60H (Women) NAIA A 9.10 NAIA B 9.30

	RANK	ATHLETE	YEAR	TEAM	TIME	MEET	MEET DATE	DATE SUBMITTED
NAIA A	10	Hurd, Jasmine	SR-4	College of Idaho	8.90	Bronco Invite	02/08/14	02/09/14

4 x 400 Relay (Men) NAIA A 3:21.00 NAIA B 3:22.42

	RANK	TEAM	TIME	MEET	MEET DATE	DATE SUBMITTED
NAIA A	7	Concordia (Ore.)	3:20.33 #	UW Indoor Preview	01/18/14	01/19/14

4 x 400 Relay (Women) NAIA A 4:02.00 NAIA B 4:05.00

	RANK	TEAM	TIME	MEET	MEET DATE	DATE SUBMITTED
NAIA A	11	Eastern Oregon	3:58.95 #	Ed Jacoby Invite & Multi	01/31/14	02/02/14
NAIA A	12	Southern Oregon	4:00.00 #	UW Husky Classic	02/14/14	02/15/14
NAIA A	20	College of Idaho	4:01.12 #	Ed Jacoby Invite & Multi	01/31/14	02/02/14

Distance Medley (Men) NAIA A 10:23.50 NAIA B 10:26.00

	RANK	TEAM	TIME	MEET	MEET DATE	DATE SUBMITTED
NAIA A	1	Southern Oregon	9:55.62 #	UW Husky Classic	02/14/14	02/15/14
NAIA A	6	Concordia (Ore.)	10:13.22 #	WPC 50-50	02/22/14	02/23/14

Distance Medley (Women) NAIA A 12:36.00 NAIA B 12:40.00

	RANK	TEAM	TIME	MEET	MEET DATE	DATE SUBMITTED
NAIA A	1	College of Idaho	11:51.50 #	NB Boise Indoor Invite	01/24/14	01/27/14
NAIA A	10	Concordia (Ore.)	12:23.49 #	UW Invitational	01/31/14	02/01/14

High Jump (Men) NAIA A 2.05m NAIA B 2.01m

	RANK	ATHLETE	YEAR	TEAM	ENGLISH	METRIC	MEET	MEET DATE	DATE SUBMITTED
NAIA A	1	Johnson, Anthony	FR-1	Evergreen St.	7'2.25"	2.19m	UW Invitational	01/31/14	02/01/14
NAIA A	3	Moore, Ethan	SR-4	Concordia (Ore.)	6'10.75"	2.10m	2013 Jacksons Open	12/13/13	12/14/13
NAIA A	8	Simpson, Travis	JR-3	Eastern Oregon	6'8.75"	2.05m	Bronco Invite	02/08/14	02/09/14
NAIA B	13	Basterrechea, Austin	SR-4	College of Idaho	6'7.5"	2.02m	Ed Jacoby Invite & Multi	01/31/14	02/02/14

High Jump (Women) NAIA A 1.64m NAIA B 1.62m

	RANK	ATHLETE	YEAR	TEAM	ENGLISH	METRIC	MEET	MEET DATE	DATE SUBMITTED
NAIA A	9	McBride, Harley	FR-1	Eastern Oregon	5'6"	1.68m	WSU Open	02/21/14	02/23/14
NAIA B	27	O'Dell, Deborah	SR-4	Warner Pacific	5'3.75"	1.62m	UW Indoor Open	02/16/14	02/17/14

Pole Vault (Women) NAIA A 3.48m NAIA B 3.43m

	RANK	ATHLETE	YEAR	TEAM	ENGLISH	METRIC	MEET	MEET DATE	DATE SUBMITTED
NAIA A	2	Fagen, Talitha	SO-2	Eastern Oregon	12'1.5"	3.70m	Boise State Challenge	02/15/14	02/16/14

Long Jump (Men) NAIA A 7.10m NAIA B 7.01m

	RANK	ATHLETE	YEAR	TEAM	ENGLISH	METRIC	MEET	MEET DATE	DATE SUBMITTED
NAIA A	12	Moore, Ethan	SR-4	Concordia (Ore.)	23'3.5"	7.10m	WPC 50-50	02/22/14	02/23/14



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2014 NAIA Indoor T&F Qualifiers (Continued)

Triple Jump (Men) NAIA A 14.30m NAIA B 14.00m

	RANK	ATHLETE	YEAR	TEAM	ENGLISH	METRIC	MEET	MEET DATE	DATE SUBMITTED
NAIA A	12	Moore, Ethan	SR-4	Concordia (Ore.)	47'4.25"	14.43m	UW Invitational	01/31/14	02/01/14
NAIA B	21	Simpson, Travis	JR-3	Eastern Oregon	46'0.5"	14.03m	Bronco Invite	02/08/14	02/09/14

Shot Put (Men) NAIA A 15.60m NAIA B 15.25m

	RANK	ATHLETE	YEAR	TEAM	ENGLISH	METRIC	MEET	MEET DATE	DATE SUBMITTED
NAIA A	1	Moore, Darien	JR-3	Concordia (Ore.)	60'2.5"	18.35m	Pilot Indoor	02/23/14	02/24/14
NAIA A	5	Moses, Nate	SR-4	Concordia (Ore.)	55'9.75"	17.01m	UW Indoor Preview	01/18/14	01/19/14
NAIA A	8	Lake, Zach	JR-3	Concordia (Ore.)	53'5.5"	16.29m	Pilot Indoor	02/23/14	02/24/14

Weight Throw (Men) NAIA A 17.60m NAIA B 16.50m

	RANK	ATHLETE	YEAR	TEAM	ENGLISH	METRIC	MEET	MEET DATE	DATE SUBMITTED
NAIA A	1	Moore, Darien	JR-3	Concordia (Ore.)	70'9"	21.56m	WPC 50-50	02/22/14	02/23/14
NAIA A	2	Riddle, Adam	SR-4	Concordia (Ore.)	65'5.5"	19.95m	WPC 50-50	02/22/14	02/23/14
NAIA B	14	Wickham, Brian	JR-3	Eastern Oregon	56'10"	17.32m	Ed Jacoby Invite & Multi	01/31/14	02/02/14

Indoor Pentathlon (Women) NAIA A 2700 NAIA B 2700

	RANK	ATHLETE	YEAR	TEAM	POINTS	MEET	MEET DATE	DATE SUBMITTED
NAIA A	15	Hurd, Jasmine	SR-4	College of Idaho	3132	Ed Jacoby Invite & Multi	01/31/14	02/02/14
NAIA A	49	Thomas, Tiana	SO-2	College of Idaho	2707	Ed Jacoby Invite & Multi	01/31/14	02/02/14

Heptathlon (Men) NAIA A 3750 NAIA B 3750

	RANK	ATHLETE	YEAR	TEAM	POINTS	MEET	MEET DATE	DATE SUBMITTED
NAIA A	2	Basterrechea, Austin	SR-4	College of Idaho	5231	Ed Jacoby Invite & Multi	01/31/14	02/02/14
NAIA A	4	Rosenau, Ryan	JR-3	Eastern Oregon	4817	Ed Jacoby Invite & Multi	01/31/14	02/02/14